

MOST PEOPLE UNDERSTAND “heart” as the core of their being, their primary motivator. In *Free Hearts*, Havard examines the heart—in which resides both feelings produced from the flesh and sentiments produced by God in the depth of one’s being—as the primary influence in a person’s actions.

Drawing from examples in literature and art, he illustrates how the heart can become imbalanced but can also be rebalanced and made more contemplative. He proposes that the education of the heart through the embrace of virtue strengthens one’s life and actions far more than an intellectual or willful motivation.

In a contemporary world that is often steered by feelings and passions to the detriment of rational discussion, it is more important than ever that the heart be shown proper guidance and become ultimately free.



Alexandre Havard is the founder of the Virtuous Leadership System. He was born and raised in Paris, and is a graduate of one of France’s leading law schools (Paris Descartes University). He worked as a lawyer in Europe for many years before discovering his mission to ignite hearts for greatness and raise up a new generation of Virtuous Leaders. His books *Virtuous Leadership, Created for Greatness, From Temperament to Character*, and *Coached by Joan of Arc* have been translated into many languages.



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FREE HEARTS



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The Power
of Human
Harmony

Second Edition

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